

# What's Your CUE for Care?

If you think you have a severe or life-threatening illness or injury, call 9-1-1 or go to the Emergency Department at your nearest hospital

# C

## 1. Call Your Provider

**Visit your own doctor to treat disease and keep you healthy**

Physical exams, cold symptoms, pregnancy, blood pressure, diabetes, dental care

Provider \_\_\_\_\_

Phone \_\_\_\_\_

# U

## 2. Urgent/Prompt/Walk-In Care

**If you need help now, but your life is not in danger, call your healthcare provider for an appointment. If no appointments are available, visit a walk-in clinic.**

Minor illnesses and injuries, ear infection, cough, sore throat, fever, sprain, flu, allergies, rash, flu, cuts and more

# E

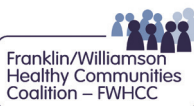
## 3. Emergency Care

**Call 9-1-1 or go to a hospital emergency department for severe life threatening emergencies**

Chest pain, difficulty breathing, stroke, uncontrollable bleeding, severe abdominal pain, broken bones, head injury



Call for resources



[www.hsidn.org](http://www.hsidn.org)

This magnet is not intended to be a substitute for professional medical advice, diagnosis, or treatment. Always seek the advice of your physicians or other qualified health provider.