

# Diabetes in Illinois



**1,342,070**

The number of adults in Illinois who have diabetes. Over 3.5 million adults may have prediabetes.



**12.2 billion**

The cost of diabetes in Illinois each year due to health care costs and reduced productivity.

People with diabetes are 2 to 4 times more likely to have heart disease or a stroke.

Diabetes affects some communities more than others.

Certain risk factors can worsen diabetes and diabetes-related complications, and contribute to the development of other chronic diseases including heart disease and stroke.

Adults with less than a high school education are:

African American, Latino, American Indian, and Alaska Native people are:

Among Illinoisans with diabetes, about



4 in 5 reported being overweight.



2 in 3 reported high cholesterol.



3 in 4 reported high blood pressure.



1 in 2 reported smoking cigarettes.



2 in 5 reported no physical activity (within the last 30 days).

**2x**

More likely to have diabetes.

**2 to 3x**

More likely to have diabetes.

