

# ABOUT THE SEVEN SOUTHERNMOST COUNTIES OF ILLINOIS AND THE HEALTHY S7 REGION COALITION

## OUR VISION

*Working Together To Create A Healthier Southern 7 Region.*

## OUR MISSION & PRIORITY WORK AREAS

*“The mission of the Healthy Southern Seen Region Coalition is to prevent disease, address disparities, reduce mortality, and promote overall health for the seven southernmost counties in Illinois.”*

Our priority work areas are:

- Behavioral Health
- Cardiovascular Health
- Cancer
- Diabetes
- Healthy & Fit Communities
- Positive Youth Development

## OUR FOCUS, OUR PRIORITIES

**Through strategic planning, the following goals were developed for the S7 Region:**

- **Raise Awareness:** To increase the knowledge of consumers and providers about matters relevant to the health of the communities.
- **Develop Projects:** To encourage the growth or development of new projects, which address unmet needs or gaps in health services.
- **Access Funding:** To heighten awareness, support agencies efforts to access funding and share information about private and public resources that are available to improve the health of the communities .
- **Encourage Advocacy:** To educate the communities on grants, regulations, ordinances, policies, and legislation that will improve the health of the communities.
- **Develop Plans and Reports:** To support the collection, tracking and reporting of data relevant to the health status of the communities.
- **Foster Collaboration:** To bring consumers and/or providers together for the express purpose of efficiently coordinating services and maximizing resources to improve the health of the communities.



## PRIORITY WORK AREA SUB GROUPS

Cancer Education & Prevention  
 Child Abuse Awareness & Prevention  
 Diabetes Education and Prevention  
 Health & Physical Fitness  
 Positive Youth Development & Sexual Health  
 Senior Health  
 Substance Use/Abuse: Alcohol, Drugs, OPIOIDS, Tobacco

## ACCOMPLISHMENTS

- Promoting Walking Paths
- Smoke-Free Environment
- Prevention Training and Toolkits for Providers
- Professional Development
- Diabetes Prevention & Education Classes
- Worksite Wellness
- Coordinated School Health
- Promote Early Detection Cancer Screening
- Insurance Enrollment

## COALITION MEMBERS (Inside S7 Region)

Arrowleaf  
 Autumn Ridge Supportive Living  
 Centerstone  
 Children's Medical & Mental Health Resource Network  
 Community Health & Emergency Services, Inc.  
 Hardin County Hospital  
 Hope Light Foundation  
 Massac County Mental Health  
 Massac Memorial Hospital  
 Reaching for Kids & Youth  
 Rural Health, Inc.  
 Shawnee Community College  
 Shawnee Development Council, Inc  
 Shawnee Mass Transit District  
 Southern 7 Health Department  
 Two Rivers Child Advocacy Center  
 University of Illinois Extension  
 Union County Hospital

## COALITION SUPPORT MEMBERS (Outside S7 Region)

American Cancer Society	Reaching for Kids
American Heart Association	Regional Health Departments
Egyptian Area Agency on Aging	RIDES Mass Transit District
Hospice of Southern Illinois	Shawnee Health Services
Illinicare Health	SICIL
Illinois Public Health Institute	SIH
Legacy Training	SIU School of Medicine
National Ovarian Cancer Society	Survivor Empowerment Center
OMNI Youth Services	Telligen QI Connect
Prevent Child Abuse Illinois	The Stress & Trauma Center
	Washington University St. Louis

## TRANSFORMING SOUTHERN ILLINOIS INTO A REGION THAT SUPPORTS AND ENHANCES HEALTHY LIVING.

The Healthy Southern Illinois Delta Network (HSIDN) is a grassroots effort established to build consensus around the health needs of residents in southernmost Illinois.

The HSIDN brings together local health coalitions which are comprised of local health departments, area health centers, hospitals and others interested in improving the health of their communities. Members work together to support healthy communities in the lower fifteen counties in Illinois.

HSIDN members include **Southern Illinois Healthcare, SIU Medicine, SIU Medicine Center for Rural Health and Social Service Development, and the area's six local health departments** covering a fifteen county region. Regional efforts are coordinated by the steering committee and implemented at the local level through health community coalitions. Coalition members and action teams engage their own communities to conduct activities and advance the overall mission of the HSIDN.

The HSIDN has grown into a strong collaborative effort of community organizations successfully leveraging resources to improve health in the Illinois Delta Region.



FOLLOW US  
ON FACEBOOK:  
Healthy Southern Illinois  
Delta Network

HSIDN: 618-457-5200  
S7HD: 618-634-2297

[WWW.HSIDN.ORG](http://WWW.HSIDN.ORG)

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## Healthy Southern 7 Region Coalition

