



Healthy Seniors Action Team

Jackson & Franklin/Williamson Counties
Healthy Communities Coalitions

Overall Goal

The Healthy Seniors Action Team strives to be a catalyst for improving the health and overall quality of life for the senior population of Jackson & Franklin/Williamson Counties in Illinois

Strategies

Maintain an Action Team composed of persons interested in supporting the mission and vision of the Jackson & Franklin/Williamson Healthy Communities Coalitions and the Team's overall goal of being a catalyst for improving the health and overall quality of life for area seniors.

Plan and host a variety of events and activities:

- Healthy Senior Fun Fest
- Caregiver Retreat
- Donations to Senior Star Program, area food pantries and other organizations and activities that serve area seniors as funds permit

Contact Information

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