



# Healthy Seniors Action Team

**Franklin/Williamson  
Healthy Communities Coalition**

## Strategies:

- Maintain an Action Team composed of persons interested in supporting the mission and vision of the Franklin Williamson Healthy Communities Coalition and the Team's overall goal of being a catalyst for improving the health and overall quality of life for area seniors
- Plan and host a variety of events and activities such as
  - Healthy Senior Fun Fest
  - Caregiver Retreat
  - Donations to Senior Star Program, area food pantries and other organizations and activities that serve area seniors as funds permit

## Overall Goal:

The Healthy Seniors Action Team strives to be a catalyst for improving the health and overall quality of life for the senior population of Franklin and Williamson Counties in Illinois.

## Contact Information:

Mikilyn Schutt  
Active Day  
[mschutt@activeday.com](mailto:mschutt@activeday.com)

Ronee Rogers  
Integrity Healthcare Communities  
[rogers@integrityhcc.com](mailto:rogers@integrityhcc.com)

