

Southern Illinois Guide to Home Visiting and Other Parenting Supports for Families of Young Children



Winter 2018

Home Visiting Programs give expectant families and families of young children, particularly those with limited resources and support, the necessary resources and skills to raise children who are physically, socially, and emotionally healthy and ready to learn.

Goals for every program, regardless of model or funding source, are to:

- improve maternal and child health,
- prevent child abuse and neglect,
- encourage positive parenting, and
- promote child development and school readiness.

This guide has been developed in the spirit of collaboration and support for young families in our region. It's important to note that home visiting services are typically voluntary and work best when they are. Not every family will want home visiting services and not every program is the “best fit” for every family. Typically, duplication of services (enrollment in multiple home visiting programs) is to be avoided in the interest of good financial stewardship and making home visiting spaces available to as many families as possible, although there are rare instances where families may need more than one program's support.

If you find information that needs to be updated, please contact Jess Jobe at jjobe@shsdc.org

****programs marked with * indicates program details based on web research only***

County	Program	Contact	Services	Target Pop	Comments/service area restrictions
Alexander County	Alexander County Parents as Teachers	Erica Brazier; ebrazier@cairoschooldistrict1.com 618-734-4102, ext 406	Home visiting	High Risk Families of children prenatal to age 3 yrs	Alexander County Parents as Teachers model
Alexander County	Southern Seven Early Head Start	Angie Messmer amessmer@s7hd.org ; Sharity Gaddis sgaddis@s7hd.org 618-634-2297	Home visiting and Center based	Parents and their children birth to age 3 years	Cairo
Clinton County	Community Link First Step Early Head Start	Shelise Zurliene, director; SheliseZ@commlink.org ; 618-526-3967	Home Visiting and play groups	Expectant families, children birth to three years old	Playgroups, parent trainings, Parents as Teachers, Early Head Start model; bilingual services.
Clinton County	Community Link First Step Prevention Program	Shelise Zurliene, director; SheliseZ@commlink.org ; 618-536-3967	Home visiting and play groups	Children ages 2 years-4 years with developmental concerns but not served by Early Intervention or Early Head Start; also serving children who have aged out of EI but are not yet with	Playgroups, parent trainings, Parents as Teachers; Child Find screenings; screenings for children birth to 3

County	Program	Contact	Services	Target Pop	Comments/service area restrictions
				local ECE programs.	
Clinton County	Community Link First Step Infant Mental Health Program	Shelise Zurliene, director; SheliseZ@commlink.org ; 618-526-3967	Home visiting	Expectant families and families with children birth to age 3.	
Franklin County	Healthy Families Illinois-Shawnee Health	Jess Jobe; 618-519-9466; jjobe@shsdc.org	Home visiting and monthly groups. services include developmental screening and linkage to community resources. Doula services available as part of overall HF program.	First time WIC eligible parents (some 2 nd time parents if caseload capacity allows	Serves families prenatal or birth to age 5, must enroll before baby is 3 months old ; all of Franklin Co.;
Franklin County	Centerstone Early Head Start	Stacey Horaz; Stacey.Horaz@centerstone.org (618) 997-5336 ext.7741	Home base program that offers comprehensive health services to families.	Prenatal Mothers Children age 0-3	Enrolled families are offered opportunities to engage in additional program events such as Playgroups and Cooking Classes
Franklin County	Southern Region Early Childhood PAT	Heather Franklin; heather.franklin@siu.edu 618-453-4271	Home visiting	Parents of children birth-three	Parents as Teachers model.
Franklin County	Rebound Family Literacy	Sandy Snowden sandy.snowden@cchs165.com 618-549-8232	Home visiting, group, dev. screenings, community resources	Prenatal, 0-3; One of the parents needs to have an educational need. (lack hs	Parents as Teachers model.

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				diploma, GED, low literacy).	
Gallatin County	Wabash Area Development Inc. Early Head Start and Head Start	Cathy Ferrell; cferrell@wadi-inc.com ; 618-252-2680	Home visiting and center based	Home visits for Pregnant women and children up to five years; center based ages 3-5	Early Head Start and Head Start (also serves White, Edwards, Wabash, Wayne Counties)
Hamilton County	Wabash Area Development Inc. Early Head Start and Head Start	Cathy Ferrell; cferrell@wadi-inc.com ; 618-252-2680	Home visiting and center based	Home visits for Pregnant women and children up to five years; center based ages 3-5	Early Head Start and Head Start
Hardin County	Southern Seven Early Head Start	Angie Messmer amessmer@s7hd.org ; Sharity Gaddis; sgaddis@s7hd.org 618-634-2297	Home Visiting	Parents and their children birth to age 3 years	
Jackson County	Pregnancy Matters	Cassie Walden, Director info@pregnancymatters.org	Free & confidential pregnancy tests, limited ultrasound, prenatal vitamins, assistance with baby and maternity items, including clothing. First time pregnancy workshops, parent	Prenatal or parents with children under age 1. Must be parent or legal guardian.	Serves any county. Carbondale office: 241 S. Lewis Ln., M-F 10a.m-2pm.

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			support groups.		
Jackson County	Healthy Families Illinois-Shawnee Health	Jess Jobe, 618-519-9466; jjobe@shsdc.org	Home visiting and monthly groups; developmental screening; linkage to community resources. Doula services offered as part of overall HF program.	First time WIC eligible parents (some 2 nd time parents, if caseload allows)	Serves families prenatal or birth to age 5, must enroll before baby is 3 months old ; all of Jackson Co. ; Healthy Families America model
Jackson County	Southern Region Early Childhood Parents as Teachers	Heather Franklin heather.franklin@siu.edu , 618-453-4271	Home visiting	Parents and their children birth-age three	Parents as Teachers model, DeSoto/Murphysboro area
Jackson County	TIKES	Michelle Dagner; archwaymdagner@gmail.com ; 618-529-5944	Home Visiting and groups	Parents and their children birth-age three	Baby Talk model
Jackson County	Rebound Family Literacy	Sandy Snowden sandy.snowden@cchs165.com ; 618-549-8232	Home visiting, group, dev. screenings, community resources	Prenatal, 0-3; One of the parents needs to have an educational need. (lack hs diploma, GED, low literacy).	Parents as Teachers model.

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Jackson County	Carbondale Dist. 95 Birth-Three program	Jessica Gentry, Jennifer Smith and Sarah Harris 618-457-5781, 457-5781, ext 2382 jgentry@ces95.org	Home Visiting and groups	Parents with children birth to age 3 & expectant mothers in Carbondale Elementary School district service area	Baby Talk model Serving Carbondale Elementary School district service area
Jackson County	Unity Point Family Circle	Michelle Pritchard; Kim Davidson; mpritchard@up140.org kdavidson@up140.org 618-529-4151	Home Visiting and groups	Prenatal & 0-3	Parents as Teachers Model Serving families in Unity Point Elementary School district service area
*Jefferson County	*Best Beginnings-Nurse Family Partnership	Joyce Butts; joyce.butts@sperofs.org ; 618-242-5600, ext 234	Home Visiting and doula services	Prenatal til baby is age 2 years	Must enroll by 28 weeks prenatal, services til age 2; Mt. Vernon ; home visitors are nurses
Johnson County	Southern Seven Early Head Start	Angie Messmer amessmer@s7hd.org ; Sharity Gaddis, sgaddis@s7hd.org 618-634-2297	Home Visiting and center based	Parents and their children ages birth to three	
Johnson County	TIKES	Michelle Dagner; archwaymdagner@gmail.com 618-529-5944	Home visiting and groups	Parents and their children birth-age three	Baby Talk model

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Massac County	Southern Seven Early Head Start	AngieMessmer amessmer@s7hd.org ; 618-634-2297; Sharity Gaddis, sgaddis@s7hd.org	Home visiting and center based	Parents and their children ages birth to three	
Perry County	Healthy Families Illinois-Shawnee Health	Jess Jobe; 618-519-9466; jjobe@shsdc.org	Home visiting and monthly groups; developmental screenings and linkage to community resources . Doula services offered as part of HF program.	First time WIC eligible parents	Serves families prenatal or birth to age 5, must enroll before baby is 3 months old ; all of Perry Co.
Perry County	TIKES	Michelle Dagner; archwaymdagner@gmail.com 618-529-5944	Home visiting and groups	Parents and their children birth-age three	Baby Talk model
Perry County	Rebound Family Literacy	Sandy Snowden sandy.snowden@cchs165.com 618-549-8232	Home visiting, group, dev. screenings, community resources	Prenatal, 0-3; One of the parents needs to have an educational need. (lack hs diploma, GED, low literacy).	Parents as Teachers model.
Perry County	Southern Region Early Childhood PAT	Heather Franklin; heather.franklin@siu.edu 618-453-4271	Home Visiting	Parents and their children birth to age 3	Parents as Teachers model.

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Pope County	Southern Seven Early Head Start	Angie Messmer amessmer@s7hd.org ; Sharity Gaddis, sgaddis@s7hd.org 618-634-2297	Home visiting	Parents and their children ages birth to three years	
Pulaski County	Southern Seven Early Head Start	Angie Messmer; amessmer@s7hd.org ; Sharity Gaddis, sgaddis@s7hd.org 618-634-2297	Home visiting and Center Based	Parents and their children ages birth to three years	
Pulaski County	TIKES	Michelle Dagner; archwaymdagner@gmail.com 618-529-5944	Home visiting and groups	Parents and their children birth-age three	Baby Talk model
Randolph County	TIKES	Michelle Dagner; archwaymdagner@gmail.com 618-529-5944	Home visiting and groups	Parents and their children ages birth to three years	Baby Talk model
Saline County	Wabash Area Development Council-Early Head Start	Cathy Ferrell; cferrell@wadi-inc.com ; 618-252-2680	Home visiting and center based	Home visits for pregnant women and children up to age five; center based for ages 3-5	Early Head Start model and Head Start program
Union County	TIKES	Michelle Dagner; archwaymdagner@gmail.com 618-529-5944	Home visiting and groups	Parents and their children ages birth to three years	Baby Talk model

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Union County	Rebound Family Literacy	Sandy Snowden sandy.snowden@cchs165.com 618-549-8232	Home visiting, group, dev. screenings, community resources	Prenatal, 0-3; One of the parents needs to have an educational need. (lack hs diploma, GED, low literacy).	Parents as Teachers model.
Union County	Southern Seven Early Head Start	Angie Messmer; amessmer@s7hd.org ; Sharity Gaddis, sgaddis@s7hd.org 618-634-2297	Center based and home visiting	Parents and their children birth to age 3	
Washington County	Community Link First Step Early Head Start	Shelise Zurliene, director; SheliseZ@commlink.org ; 618-526-3967	Home Visiting and play groups	Expectant families, children birth to three years old	Playgroups, parent trainings, Parents as Teachers, Early Head Start model; bilingual services.
Washington County	Community Link First Step Prevention Program	Shelise Zurliene, director; SheliseZ@commlink.org ; 618-536-3967	Home visiting and play groups	Children ages 2 years-4 years with developmental concerns but not served by Early Intervention or Early Head Start; also serving children who have aged out	Playgroups, parent trainings, Parents as Teachers; Child Find screenings; screenings for children birth to 3

County	Program	Contact	Services	Target Pop	Comments/service area restrictions
				of EI but are not yet with local ECE programs.	
Washington County	Community Link First Step Infant Mental Health Program	Shelise Zurliene, director; SheliseZ@commlink.org 618-526-3967	Home visiting	Expectant families and families with children birth to age 3.	
Williamson County	Centerstone Early Head Start	Stacey Horaz; Stacey.Horaz@centerstone.org (618) 997-5336 ext.7741	Home based program that offers comprehensive health services to families.	Prenatal Mothers Children age 0-3	Enrolled families are offered opportunities to engage in additional program events such as Playgroups and Cooking Classes
Williamson County	Rebound Family Literacy	Sandy Snowden sandy.snowden@cchs165.com	Home visiting, group, dev. screenings, community resources	Prenatal, 0-3; One of the parents needs to have an educational need. (lack hs diploma, GED, low literacy).	Parents as Teachers model.
Williamson County	Pregnancy Matters	Cassie Walden, Director info@pregnancymatters.org	Free & confidential pregnancy tests, limited ultrasound, prenatal vitamins,	Prenatal or parents with children under age 1. Must be parent or legal guardian.	Serves any county. Marion office 808 W. Prairie, Mondays 5-7 pm.; TWTH 10a-2 pm.

			assistance with baby and maternity items, including clothing. First time pregnancy workshops, parent support groups.		
Williamson County	Healthy Families Illinois-Shawnee Health	Jen Wharton, 519-9785 or Jess Jobe, 519-9466, jjobe@shsdc.org	Home visiting and monthly groups; developmental screenings and linkage to community resources. Doula services offered as part of HF program.	First time WIC eligible parents (some second time parents if caseload allows)	Serves families prenatal or birth to age 5, must enroll before baby is 3 months old ; all of Williamson County

Early Intervention Services: For Referrals of Children birth-3 with suspected developmental delays/disabilities

Child and Family Connections 21, serving Madison, Monroe, Randolph, St. Clair counties, 618-622-6581, Terri Kampwerth, CFC Manager

Child and Family Connections 22, serving Franklin, Williamson, Clinton, Jefferson, Marion, Washington Counties, 618-532-4919, Nicole Van Hise, CFC Manager

Child and Family Connections, 23, serving Edwards, Gallatin, Hamilton, Saline, Wabash, White, Wayne Counties, 618-378-2441, Charity Heifner, CFC Manager

Child and Family Connections 24, serving Alexander, Hardin, Jackson, Johnson, Massac, Perry, Pope, Pulaski and Union Counties; 618- 529-3147, Lindsey Baskin, CFC Manager