



Southeastern Illinois Community Health Coalition (SICHC) Growing Healthy Together!

Mission Statement

The Southeastern Illinois Community Health Coalition (SICHC) will have an active interest in and commitment to improving the health of the communities in Southeastern Illinois.

The primary goal of the Southeastern Illinois Community Health Coalition is to enable the collaboration of all interested community entities and individuals to work towards improving the health status of our communities. The coalition has membership on the 16 county Healthy SI Delta Network that is led by Southern Illinois Healthcare. There are currently more than 20 organizations and 50 members represented in the SICHC.

The Coalition will provide leadership and a unified voice at the local level on all health related issues. The SICHC appointed an IPLAN (Illinois Project for the Local Assessment of Needs) Team to assess local health data and update the Community Health Plan based on statistics and local knowledge of health priorities. SICHC identified the following four health priorities for Saline, White and Gallatin Counties named in 2011 were:

1. Substance Abuse
2. Coronary Heart Disease
3. Obesity
4. Cancer

The Coalition has formed Action Teams to address each priority.

- ❖ Healthy Lifestyles Action Team (Heart Disease and Obesity)
- ❖ Healthy Choices Action Team (Substance Abuse)
- ❖ Early Detection and Prevention Action Team (Cancer)
- ❖ Public Health & Medical Services Emergency Prep Team (CERN)

Planning meetings were held beginning of November 2008 to develop what would eventually become SICHC. SICHC was formed in February 25, 2009 by combining local networking groups into one coalition.

First official Event

- ❖ H1N1 Forum – May 21, 2009
 - SIC Foundation Building – Harrisburg
 - Educational Event

- ❖ Kidney Mobile – Partnered w/NKFI
 - Elizabethtown – August 27, 2009
 - Carrier Mills – August 28, 2009
 - SIC Foundation – November 7, 2009
 - SIC Foundation – June 28, 2012
- ❖ Completed IPLAN – 2011 (Revision due in 2016)

- ❖ Colon Kit Pick-Up
 - Partnered w/ ACS for March 19, 2010 event
 - HMC, Ferrell, EHD-Ridgway & Wabash Christian Retirement Ctr.
- ❖ Rails to Trails ¼ Marathon
 - May 19, 2012
 - Promote use of new bike trail between Eldorado and Harrisburg
 - 106 Entries
 - May 25, 2013
 - 96 Entries
 - Raised \$2,000 for Fowler-Bonan “Clothes for Kids” campaign
- ❖ Caregiver Workshops – Fall 2012
 - Funded in part by the Older Americans Act through the Egyptian Area Agency on Aging
 - Caregiver Workshop and Fun Day – September 7
 - Grandparents & Others Raising Related Children – September 14
 - Professional Caregivers – September 28

The Rails to Trails ¼ Marathon will be an annual event. SICHC will choose a charitable organization to donate proceeds from the event.

For more information on the Coalition please call or email:

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